

Daily Word

A black and white photograph of a snowy forest path lined with birch trees. The path is covered in snow and leads into the distance, flanked by tall, slender birch trees with white bark. The scene is peaceful and wintry.

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Class Thoughts

PEACE . . . In the name of the Lord Jesus Christ we pray for and decree a permanent peace, uniting all the nations of the earth in a league of justice and righteousness, in which the life, liberty, and love of God shall be paramount.

PRAYER FOR WORLD LEADERS: Through the Christ mind you are unified in thought, purpose, understanding, and right action for the good of all mankind.

DEC. 20 to JAN. 19

ILLUMINATION (11 a. m.): Abiding in the Christ word, I am born anew into God's kingdom of light.

PROSPERITY (12 noon): Abiding in the Christ word, I am born anew into God's kingdom of plenty, and His substance flows to me abundantly.

HEALING (9 p.m.): Abiding in the Christ word, I am born anew into God's kingdom of harmony and health.

JAN. 20 to FEB. 19

ILLUMINATION (11 a. m.): I am one with the ever-unfolding, ever-renewing Spirit of divine knowing, and I am illumined.

PROSPERITY (12 noon): I am renewed in my consciousness of God's bounty to me and to all men, and I am abundantly blessed.

HEALING (9 p.m.): I am renewed in the Spirit of my mind, and have put on the new man of health and wholeness in Christ.

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DAILY WORD

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JANUARY, 1952

No. 1

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Poem on page 9—Russell E. Kemp

I Shall Remember Only Pleasant Things

MARTHA SMOCK

“**I** SHALL remember only pleasant things!” This line from a poem, which was on the back cover of *Unity* magazine some years ago, has stayed with me ever since. I cannot remember now what it was that I was feeling unhappy about at the time, but I shall never forget how the words, “I shall remember only pleasant things” impressed me. Since then I have said these words to myself many times when the peace of the present was threatened by the memory of the past.

“I shall remember only pleasant things!” How much happier, freer, and healthier we all should be if we were to call to mind, to talk about only pleasant things! What do we think about? What do we talk about? What do we remember? If we are unhappy and fearful, if we have a negative outlook on the present, it may be because we are carrying with us the burden of the unpleasant happenings of the past. When a memory is vividly fresh in our mind, when we give the power of our thought to regret or unhappiness over the past, we are living in the past, we are depriving

ourself of the joys of the present.

Whatever may have hurt us, saddened us, or upset us, how much better to forget it, to let it go from our consciousness! I have found that it helps to deliberately decide to remember only pleasant things. We cannot go back and relive an experience, we cannot change what has been done or said, but we can change our attitudes today.

Sometimes even when we make a sincere effort to keep our thoughts constructive, to remember only pleasant things, something occurs that brings back the memory of some past hurt or unhappiness that we thought we had entirely forgotten.

Wordsworth defined poetry as "emotion recollected in tranquillity." We can in our own way make poetry out of the emotions that some remembrance of the past stirs up in us. The poet strives to give beautiful expression to his feelings; so should we. Feelings of regret, shame, bitterness, and failure can be translated into beautiful feelings of faith and joy. "I shall remember only pleasant things!" I shall remember that God loves me, that even though I have come a hard or difficult way, I am and always have been God's child. He has only forgiveness and love for me. He has not and will not let me go. To remember this is to remember pleasant things. To remember this is to make poetry out of sadness and

sorrow. To remember this is to turn fear into faith.

"I shall remember only pleasant things!" We can store up pleasant things to think about. There is so much beauty and wonder in both the inner world and the outer world that at any time, in any hour, if we have eyes to see, ears to hear, and a heart to understand, we can find something for the heart to hold and to treasure. At the end of a day it is a good practice to think of the happy things of the day, to let go of anything that has depressed us or made us feel downhearted.

There is not one of us who at some time has not felt regret for something in the past; there is not one of us who at some time has not felt as though he had failed; there is not one of us who at some time has not said, "If only I had it to do over—"

The Lord Himself does not judge us by our failings but by our growing. He sees us as His beloved children. In effect He says of us, as He did of Abraham; "When he was but one I called him, and I blessed him, and made him many." We are not the same person that we were yesterday; we are not the same person that we were a year ago, or ten years ago, for we are continually emerging out of the old into the new. The very fact that we can look with regret on something we

did or did not do in the past shows that we have come to a place of greater understanding; that we have put on more of our spiritual nature; that God is blessing us and enlarging our capacity to understand, to love, to grow.

What we think about, what we remember affects our life today. So if we are letting our peace of mind be disturbed by feelings of regret or unhappiness over the past, let us remember that even though the feelings spring out of the past, the remedy lies with us today. We have the power to discipline our thinking, to choose that to which we shall give the substance of our thought. We have the right and the power to say to unhappy thoughts and memories: "I am done with you. I bless you and let you go. 'I shall remember only pleasant things!'" "

How to Write, Telephone, or Telegraph to Unity:

1. To write, address Unity at *Lee's Summit, Missouri*, for prompt delivery.
2. To telephone long-distance or to telegraph, give Unity's address as *Kansas City, Missouri* (where 24-hour service direct to Unity headquarters is maintained), and Unity's telephone number: BAaltimore 4720.

Unity School of Christianity
Lee's Summit, Missouri

(20 miles southeast of downtown Kansas City, Missouri)

Prayer for Health

ELIZABETH SEARLE LAMB

DEAR FATHER-GOD, bless me with perfect health. Your pattern for my growth is one of perfection. I now accept the perfect well-being which is Your will for me and show forth radiant health and strength in mind and body.

Dear Father-God, bless my mind and the thoughts I think. I now think thoughts of health, of vigor, of steady development. I let go completely of negative thoughts concerning my body. I expect only health to manifest itself within me.

Dear Father-God, bless my lips and the words they speak. Bless my eyes that I may see Your goodness and Your beauty all about me. Bless my ears with perfect hearing that I may hear the underlying harmony of the universe.

Dear Father-God, I ask a blessing for every part of me. I am open to Your radiant life; let it pour through me now, washing away every imperfection until I stand before You, perfectly, radiantly, healthy and whole.





In Quest of Truth

Question: I never see the faintest hint in DAILY WORD that God might become displeased and punish His children—only that no matter what a person does, he or she will be forgiven, just for the asking. I should like to believe this, but I cannot.

Answer: In the old theology we are taught to believe that there is to be a day of judgment and that everyone must face judgment after passing through death. This day is pictured as a day of trial in which God judges all, allowing some to enter heaven and punishing others for sins committed upon earth. It is good to be able to see that this cannot be true when one holds that God is love and that He loves all of His children equally.

Every day is a judgment day, for every thought and every action brings its own judgment. Today we are experiencing the results of our past thinking and acting. When we realize that thoughts and actions are seeds sown to produce their kind, we shall be careful of the seeds we sow and there will be fewer unpleasant judgment days. .

In so far as there is a day of judgment, there must necessarily be a place where this judgment takes place. The location of this "judgment seat" is no secret, but is easily comprehensible to one who is in Truth. The judgment seat of which we

speak is within every individual. Because it is within man, and because every day brings us to the seat of judgment, we go through experiences that seemingly cannot be accounted for.

As we have seen, judgment is continually going on within us. It is not a question whether we are willing for it to go on or not, but whether we will accept or resist it. Should we resist it rather than accept it, our unpleasant experiences will be increased. On the other hand if we accept the judgments and hold them as helpful suggestions we shall develop in spiritual unfoldment and realize the blessings that come with righteous judgment.

Someone may say that God pronounces judgment on both the good and the evil ones. Before going any further, consider just what is meant by such a statement. "Whom the Lord loveth he chasteneth" is quite true. The experiences that we have when we are quickened by Spirit, the judgments that are taken into consciousness and established in Truth and righteousness are what we may understand as "chastening." God chastens us by His judgments. He corrects our mistakes—the errors, all that is not good in us—by giving us the truth. By our acceptance of God's judgment or chastening we receive blessings and grow in strength, in love, and in wisdom.

—*Judgment and Justice; a Unity pamphlet.*

JANUARY 1

Tuesday

THIS IS THE YEAR THAT OUR DREAMS COME
TRUE!

"Wonderful, wonderful fortunate you,
This is the year that your dreams come true!
This is the year that your ships come in;
This is the year you find Christ within.
This is the year you are glad to live;
This is the year you have much to give.
This is the year when you know the Truth;
This is the year when you find new youth.
This is the year that brings happiness;
This is the year you will live to bless.
Wonderful, wonderful, fortunate you,
This is the year that your dreams come true!"

• *All things are now ready.*—LUKE 14:17.

Wednesday

JANUARY 2

I REJOICE IN THE SPIRIT WITHIN THAT MAKES
ALL THINGS NEW.

THERE IS a Spirit within you that makes all things new. When you are aware of this Spirit you see every person, every aspect of life with new vision. Your relations with others become more harmonious; your life becomes happier and more satisfying.

You become aware of this Spirit within you through turning away from your problems and giving your whole attention to the renewing, quickening, transforming power within you.

God's Spirit is in every person, so every person can have a new awakening; every person can come into new understanding. No one is bereft of this Spirit.

No matter how demanding or disappointing your life has seemed you can have a new life, a fully satisfying life, by becoming aware of God's Spirit within you, by thinking of yourself as a spiritual being, by giving expression to the power within you.

☛ *Behold, I make all things new. . . . I will give unto him that is athirst of the fountain of the water of life freely.*—REV. 21:5, 6.

JANUARY 3

Thursday

I HAVE NO FEAR, FOR I KNOW THAT THE LOVE OF GOD PROVIDES FOR MY EVERY NEED.

I HAVE faith in God's love to provide for my every need. I do not fear the passing of years. I do not fear economic changes. I know that at all times, under all circumstances, the love of God provides for my every need.

I may not be able to see how God will provide the job I seek, the money I need, or the opportunities I long for. But I know that God is an active power in my life, constantly working in and through me, creating supply and endless opportunity. I know that there is always a right place for me, that there is always supply for me.

My faith is in the providing love of God. I have faith in Him, and I allow His Spirit to flow through me to inspire me in the service I give, to help me keep my relations with other persons harmonious, to guide me into paths that are profitable and helpful. I know that love begets love and that it is through love that needs are recognized, services appreciated, efforts rewarded. I have no fear. God's love provides for me.

* *Blessed is the man . . . [whose] delight is in the law of the LORD.*—PSALMS 1:1, 2 (A.V.).

Friday

JANUARY 4

HEAVENLY FATHER, LET THERE BE PEACE ON
EARTH AND LET IT BEGIN WITH ME.

EACH ONE of us is a center of influence. We influence the thought of our children, the atmosphere of our home, the actions of those with whom we work. And whether we realize it or not, our opinions and attitudes influence the thought of the world.

We may feel that the things we say, the attitudes we take are not important, because the world is so large and its problems so complex that one person does not matter. But this is not true. Every person has an influence upon the world. If we want peace, we as individuals must strive to exert a peace-inspiring influence.

If we want a spirit of honesty to prevail in the world, we must discipline ourselves in honest thought and honest action. If we want love to prevail in the world, we must be loving under all circumstances. If we want justice to prevail in the world, we must be just and fair toward all men.

When we realize that we can be an influence for good, then truly peace will begin with us and radiate from us to bless others.

♣ *Be at peace one with another.*—MARK 9:50.

JANUARY 5

Saturday

IN GOD'S SIGHT I AM ALWAYS WORTHY OF
THE BLESSINGS OF HIS KINGDOM.

THE LOVE of God toward man never changes. God is unchangeable love and infinite compassion; He does not censure or condemn His children.

According to the teachings of Jesus, man is always worthy of God's help. God does not withhold any of His blessings at any time. The love of God provides continually for our needs. Our part is to claim and accept the gifts of God as our divine birthright.

We walk in the midst of divine opulence and abundance of life, health, strength, wisdom, and love. That we do not experience the blessings of God in their fullness is not failure on God's part to provide, but failure on our part to receive.

Even when we feel unworthy of God's help and love and blessings, God not only pours out the good that we need when we ask in faith, but His Spirit in us makes us more worthy of the gift as we receive it.

☛ *And he arose, and came to his father. But while he was yet afar off, his father saw him, and was moved with compassion.*—LUKE 15:20.

Sunday

JANUARY 6

FATHER, GUIDE MY STEPS AS I GO FORWARD
TODAY.

IMPLANTED deep within my heart and mind are desires and urges toward a certain way of life, toward certain achievements. These, I know, are divine promptings that I must follow if I am to accomplish my own individual purpose in life. With great eagerness, I now go forward toward the achievement of these desires.

There are so many choices, so many different paths to take that only as I ask for Your direction, God, can I be sure of taking the right road. I pray for Your guidance and I listen in the silence for Your still, small voice to show me the way to go.

There may be times of change and confusion, but I remain centered in the path along which You lead me. I am still and calm no matter what comes. I go my way and accomplish that purpose for which I came into the world.

Dear Father-God, I look only to You for my direction. Chart my way, step by step, decision by decision. I am open and receptive to Your guidance.

♣ *Jehovah directeth his steps.*—PROV. 16:9.

JANUARY 7

Monday

I AM SLOW TO TAKE OFFENSE AND QUICK TO FORGIVE SEEMING SLIGHTS. I AM SPIRITUALLY AT ONE WITH ALL PERSONS.

I AM SLOW to take offense and quick to forgive slights. I am so concerned with living my life purposefully, so concerned with following the guidance of Spirit within that I do not have time to brood over the motives behind the words and actions of other persons. The Father has much for me to accomplish, and no matter what work He leads me to do, I know that it is important to Him. As long as I follow the bidding of Spirit within, I need not be perturbed by what others think or say. I am too filled with inner peace and joy as I do the Father's work to look for hidden meanings behind the words of others. Whatever they may think or say, in-so-far as I am concerned, they are God's children, and my feeling toward them is loving, tolerant, and understanding. I do not expect them to see all things as I see them, and though there may be differences of opinion, harmony is easily and lovingly maintained, as I am slow to take offense and quick to forgive seeming slights.

✿ *Let every man be slow to wrath.*—JAMES 1:19.

Tuesday

JANUARY 8

IN CHILDLIKE TRUST, I TAKE MY FATHER'S
HAND AND WALK WITH HIM TODAY.

DO YOU sometimes find yourself wishing that you could "get away from it all"? All of us have experienced such a feeling at times, but few of us have recognized it as the divine restlessness that precedes divine revelation.

God is stirring within you a yearning for the good that He has for you. He is offering you a way to the abundant life of Spirit. Your real desire is not to escape from the responsibilities and problems of life but to know how to live victoriously.

The urge to get away and to be free in reality is God calling you to take His hand and walk with Him. If you do, He will lead you into new paths. He will transform and bless everything in your life. He will reveal the perfect answer to every problem.

Give God your hand and heart in childlike trust, saying quietly, "Father, I will walk with You."

*Unto thee, O Jehovah, do I lift up my soul.
O my God, in thee have I trusted.*

—PSALMS 25:1.

JANUARY 9

Wednesday

I RISE ABOVE ALL BELIEF IN INJUSTICE. I SEE ALL PERSONS AND ALL SITUATIONS IN THE LIGHT OF UNDERSTANDING.

WHEN something seems unjust to you, take it to God in prayer. Many times what seems unjust on the surface is completely understandable when you look beneath the surface, when you view all persons and situations with an unprejudiced mind and a compassionate heart.

Prayer helps you to know that God does not demand anything of you that is beyond your spiritual resources. Prayer helps you to have faith that in the eternal, over-all picture of life all things are equalized and balanced. Prayer reveals the way to insure justice in your life and to contribute to the development of a just world.

In prayer your vision is enlarged, and you see all persons as children of God, seeking—even as you are seeking—understanding, security, peace, and happiness.

In prayer you rise above all belief in injustice. You see all persons and all situations in the light of understanding.

✻ *Jehovah is a God of justice.*—ISA. 30:18.

Thursday

JANUARY 10

I KNOW THAT GOD IS AT HAND, HELPING ME NOW AS I TURN TO HIM IN LOVE AND FAITH.

SOMETIMES it may seem as though you are utterly alone, with no one to turn to, but this is not true, for God is ever at hand. Regardless of how lonely you may feel, you are never alone, you are never left desolate or unsupported. Refuse now to give way to fear and self-pity. Resolve now to turn to God for help. You do not have to seek afar to find Him, for He is with you, "nearer than hands and feet." The presence of God within and about you is your divine companion to whom you may turn for counsel and guidance. He is the life of your being, the health of your body, the harmony of your affairs, the abundance that meets your every need.

God's presence surrounds you; His power upholds you; His love infolds you.

In God you are at peace. In God you find comfort and reassurance. In Him you are strengthened, sustained, and blessed. God is at hand, helping you now as you turn to Him in love and faith.

✿ *For I, Jehovah thy God, will hold thy right hand, saying unto thee, Fear not; I will help thee.—ISA. 41:13.*

GOD IS THE LIFE IN EVERY CELL OF MY BEING.

GOD IS my life. His Spirit animates my being. There is no presence within me but the presence of God. The life of God within me knows no sickness, no age, no death. It is a radiant spiritual life, constantly resurrecting itself from glory to greater glory. The life of God within me is absolute health, strength, and perfection, and it is the only activity at work in my mind and body.

Old age, sickness, and death have no reality in God, for God did not create them. They are no part of Him. When man erases these negative beliefs from his consciousness and replaces them with faith in God's radiant life within, he experiences youth, health, and life.

I erase from my consciousness every belief that limits the God life within and about me. I behold myself permeated and penetrated with the vitalizing, transforming life of Spirit, now and forever. I rejoice that God is the life in every cell of my being.

☛ *I have set before thee life and death . . . therefore choose life, that thou mayest live . . . for he is thy life, and the length of thy days.*—DEUT. 30:19, 20.

Saturday

JANUARY 12

I AM FREE FROM THE HABIT OF PROCRASTINATION. THROUGH RIGHT ACTION I AM LED INTO MY HIGHEST GOOD.

I AM FREE from the habit of procrastination, for I know that my good is ready for me this day. I do not delay the manifestation of my good, but set forth enthusiastically to do my part in bringing it about. I not only pray for the good that I desire, but I also take steps toward attaining it. I realize that daydreaming about the blessings I seek is good only when it is followed by positive action.

I am done forever with hesitancy in claiming my good. Now is the appointed time, and even now Spirit within urges me on to my goal. I feel the awakening of new power, new life within me. I let no lethargic spirit have power over me, for "this is the day which Jehovah hath made." In it is all good.

I am free from the habit of procrastination. Filled with spiritual energy, I actively lay claim to my own blessings.

*I made haste, and delayed not,
To observe thy commandments.*

—PSALMS 119:60.

THERE IS A SPIRIT IN ME THAT IS FEARLESS
IN THE FACE OF ANY SITUATION OR CIRCUM-
STANCE.

THERE IS a Spirit in me—the Spirit of Christ—that is fearless and free, and my conscious realization of this Spirit makes me mightier than any situation or circumstance. With this Spirit I face life and all that is before me with the inner assurance that I am capable of meeting all things and rising victorious above every situation.

I do not become fearful as to the outworking of conditions in my life when I rely on Spirit within me. I let Christ in me take charge of my life and affairs, and I release all my human cares into His keeping. Thus, I am fortified and filled with the assurance that all is well.

I am established in a consciousness of divine courage. I am lifted above all misgivings. I know that in Christ there is a divine solution to every problem. I know that all is well with me and my world.

♣ *Fear not, for I have redeemed thee; I have called thee by name, thou art mine. When thou passest through the waters, I will be with thee.—ISA. 43:1, 2.*

Monday

JANUARY 14

I RELAX AND LET GO. I BELIEVE IN GOD, AND
I LET HIM TAKE COMPLETE CHARGE OF MY
LIFE AND AFFAIRS.

“LET not your heart be troubled: believe in God, believe also in me,” said Jesus. If you feel troubled, burdened, and worried about the affairs of your life, you can make a new beginning right where you are. You can relax and let go and say, “I believe in God, and I let Him take complete charge of my life and affairs.”

Repeat these words until they are so firmly rooted in your consciousness that nothing in your life can trouble you or make you fearful, worried, or unhappy.

Remember that God is infinite and eternal, from everlasting to everlasting. Just as He is in charge of the universe, so is He in charge of your life and affairs. You can depend on Him to care for you, for you are a part of His creation. Relax and let go and allow His power to perfect everything in your life and affairs.

✽ *Peace I leave with you; my peace I give unto you . . .
Let not your heart be troubled, neither let it be fearful.*
—JOHN 14:27.

JANUARY 15

Tuesday

OLD THOUGHTS, OLD FEARS, AND OLD CONDITIONS ARE NOW RELEASED, AND I AM FREE AND WHOLE.

NO MATTER what yesterday's problem was, no matter what last year's unhappiness was, today is a new day and a new beginning for me. I need only to realize that I am not bound to the past in order to let go of it and leave it behind me. I affirm that old thoughts, old fears, and old conditions are now released, that I am free and whole.

I know that as I walk in the love of God today I am strengthened and renewed. I look toward the light, and with my hand in God's I go forward eagerly, happy in the knowledge that today has new joy, new health, new freedom for me. I am forgiven any negation of the past. I am set free from pain or imperfection as I accept the forgiving love of God.

I am free from old sorrows as I bless the past and let it go.

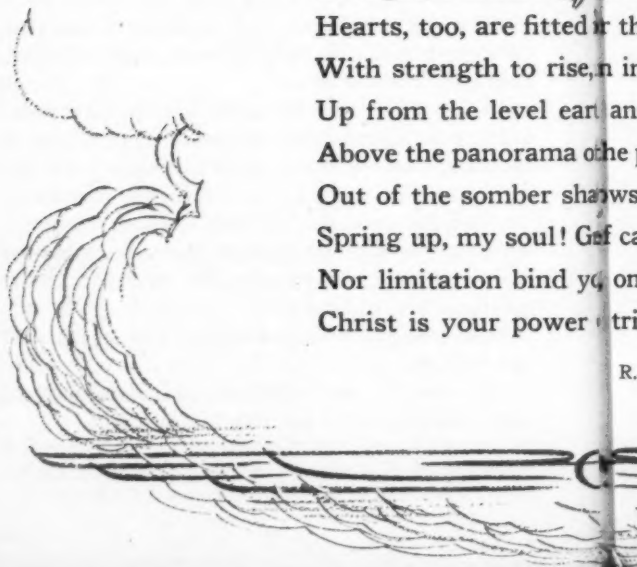
Old thoughts, old fears, and old conditions are now released, and I am free and whole.

✱ *Wherefore if any man is in Christ, he is a new creature: the old things are passed away.*—II COR. 5:17.

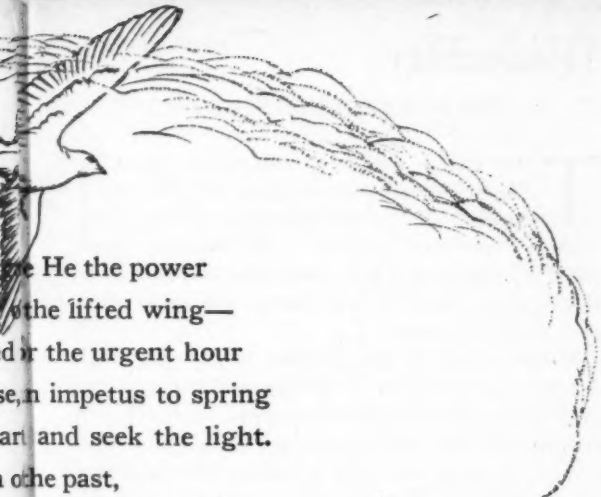
Wings



Not only to the bird the H
Of flight, the beauty of the
Hearts, too, are fitted in th
With strength to rise, n in
Up from the level ear and
Above the panorama of the
Out of the somber shadows
Spring up, my soul! God ca
Nor limitation bind yo, on
Christ is your power + tri

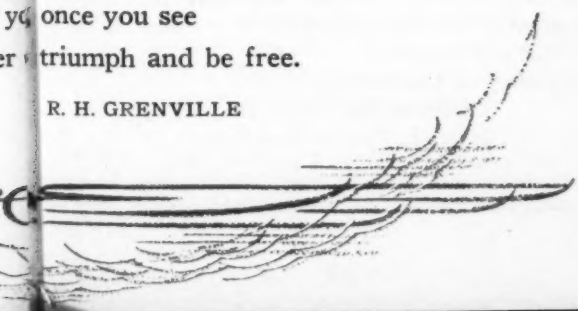


R.



He the power
the lifted wing—
the urgent hour
se, an impetus to spring
and seek the light.
the past,
haws of the night
Gef cannot hold you fast
you once you see
er triumph and be free.

R. H. GRENVILLE



Wednesday

JANUARY 16

I BEHOLD THE CHRIST IN YOU.

THIS DAY I will keep my vision upon the Christ in every person I meet or think about. Instead of seeing his weaknesses, shortcomings, or peculiarities, I will silently praise the Christ in him. I will praise the life that flows through his body; I will praise the intelligence that illumines his mind.

When words of gossip come to my ears I will not let my thoughts dwell upon what is being said, nor will I repeat the words; rather I will silently behold the Christ in the person concerned. If there has been a feeling of inharmony between myself and another, I will think of the Christ within this person every time I think of him; and in time, as I persist in this practice, all inharmony will be dissolved, and peace, love, and forgiveness will be established in me and in all my human relations.

To everyone I silently say:

"I behold the Christ in you,
Here the life of God I see."

✿ *Hereby we know that we love the children of God, when we love God and do his commandments.—I JOHN 5:2.*

I LET GOD'S LIGHT SHINE FORTH AND GLOW
THROUGH ME RIGHT WHERE I AM.

EACH morning before I begin my day I ask myself this question: "What would God have me do?" As I quiet my mind and heart and turn to Him in silent prayer, I seem to hear the words, "Just where thou art, shine forth and glow."

Just as I rely upon God's strength and inspiration to encourage me throughout the day, so does God rely on my willing hands and happy heart to perform the tasks that must be done in this busy world.

Regardless of what I do, whether I serve in the home or in the business world, my heart is right with God as I do the tasks at hand happily, gladly, willingly. Thus, I let God's light shine forth and glow through me right where I am.

As the day draws to a close, I seem to hear God's voice within me saying, "Well done." My heart rejoices, I rest, and I am at peace.

* *Well done, good and faithful servant: thou hast been faithful over a few things, I will set thee over many things; enter thou into the joy of thy lord.*—MATT. 25:21.

Friday

JANUARY 18

I GIVE MY THANKS IN LOVE, IN JOY, IN SILENCE UNTO GOD, NOW AND FOREVERMORE.

I AM filled with thanksgiving. My mind is stayed on God, who gives me victory. To Him be all power and majesty; to Him be all thanks! He is my God. In plenty and in peace I give Him my thanks. His is the abundance without measure, the power without limit, the love pressed down, running over in countless blessings now and forever. My heart is glad; I give Him thanks!

"The earth is Jehovah's and the fulness thereof"—the earth and all that is in it give Him thanks. The sea is His, the air—all. All give thanks to God!

I am His. My mind, my body, and my soul are His. I am His, and He is my God forever. Now I look up and out into His universe. The hand of God is on the earth in blessing; His love is in my heart—a benediction. And I give my thanks in love, in joy, in silence unto Him, now and forevermore. Amen.

*The earth is Jehovah's, and the fulness thereof;
The world, and they that dwell therein.*

—PSALMS 24: 1.

I LIVE IN THE PRESENCE OF GOD.

SOMETIMES we may feel confused and uncertain about some situation. Yet there is always One to whom we may go for counsel and guidance, One who will show us the way that is for our highest good. Regardless of how bewildered we may be or how difficult it may seem to find right solutions to our problems, the presence of God within and about us is mighty to help us at all times.

If we have been trying to solve our problems alone, now is the time to turn to God for right answers. As we look to God for guidance and refuse to give power to the confusing situation, a feeling of peace and certainty will fill our heart.

We need to deny our fears and affirm our faith in God, knowing that His wisdom now reveals right decisions and makes plain our path.

As we confidently place our life in God's care, we may be assured that we are divinely guided in all our ways and blessed and protected by His presence.

*In all thy ways acknowledge him,
And he will direct thy paths.*

—PROV. 3:6.

Sunday

JANUARY 20

I AM ONE WITH THE EVER-UNFOLDING, EVER-RENEWING SPIRIT OF DIVINE KNOWING, AND I AM ILLUMINED.—UNITY ILLUMINATION THOUGHT.

THROUGHOUT THE new year let us rejoice in our unity with the Spirit of divine knowing, which ever unfolds in greater degree within us, which ever renews in us the wisdom from on high, which ever directs and illumines us.

In our oneness with Spirit, which is all-wise, we are lifted above doubt and ignorance. The light with which Spirit illumines us is steady and unwavering. It renews in us momentarily a right spirit, a spirit that is sure and strong. It gives us courage, assurance, steadfastness.

The ever-unfolding Spirit causes us to increase in wisdom and in favor with God and man. We realize that each day calls us to express greater wisdom than we have been called on to express before. With faith we press forward toward the doing of mighty works that glorify our Father and lift up our fellow men.

✿ *I will hear what God the LORD will speak: for he will speak peace unto his people. . . . Mercy and truth are met together; righteousness and peace have kissed each other.*—PSALMS 85:8, 10 (A. V.)

JANUARY 21

Monday

I AM RENEWED IN MY CONSCIOUSNESS OF GOD'S BOUNTY TO ME AND TO ALL MEN, AND I AM ABUNDANTLY BLESSED.—UNITY PROSPERITY THOUGHT.

WE NEED to pray not only for increased prosperity in our life and affairs but also for increased understanding of God's law of prosperity.

What often proves to be a stumbling block in our demonstration of prosperity is our tendency to think that God does not bless His children in equal measure.

God does not give abundantly to some and withhold from others. He is a loving Father who pours out His blessings freely upon all. We overcome any belief in lack or insufficiency as we increase our faith in the all-providing law which is at work in our life and in the lives of others.

Throughout the new year let us pray for increased understanding of prosperity in order that we may see it made manifest abundantly, not only for ourself but for all men.

*For he satisfieth the longing soul,
And the hungry soul he filleth with good.*

—PSALMS 107:9.

Tuesday

JANUARY 22

I AM RENEWED IN THE SPIRIT OF MY MIND,
AND HAVE PUT ON THE NEW MAN OF HEALTH
AND WHOLENESS IN CHRIST.—UNITY HEALING
THOUGHT.

WHEN WE acknowledge the ruling power of Spirit in every department of our being, it begins at once to renew us, mind, soul, and body. We become a free channel for the miracle-working power of Spirit.

When we become renewed in the Spirit of our mind, we are aware that new, powerful thoughts of God life have replaced the old thoughts. We begin to realize that we are indeed a new creature, endowed with strength, power, freedom, and readiness to exercise the dominion that is ours in Christ.

Through Christ we are master of our life and world. Through Him we fulfill our divine heritage of perfect health and wholeness.

The new year challenges us to be strong, powerful, active, and mighty to meet and overcome every limiting belief or condition. Because we are wholly renewed, we express perfect health and wholeness in Christ.

✿ *Believe in God, believe also in me.*—JOHN 14:1.

JANUARY 23

Wednesday

THE LOVE OF GOD FILLS MY HEART WITH
UNDERSTANDING AND TOLERANCE.

WE ARE intolerant of other persons and prejudiced against them because we do not understand them. When we open our mind and heart to the love of God we gain freedom from intolerant, unloving, or prejudiced thinking.

To be understanding is to be tolerant. Rather than judge others by our own personal concepts and views, let us remember that every person is expressing himself in the way that he thinks will bring him happiness, just as we are endeavoring in our own way to find happiness.

When another person's opinion differs from our own we can maintain an attitude of tolerance toward him even though we cannot agree with him. Every person is seeking to express the best that is in him; and if we try always to be understanding of others, we can discover some good in everyone. A loving, understanding attitude toward all persons unifies us with them and blesses and harmonizes our human relations.

* *This is my commandment, that ye love one another.*—JOHN 15:12.

Thursday

JANUARY 24

THE HEALING LOVE OF GOD IS NOW AT WORK
IN ME.

THE WARM, life-giving, perfecting love of God is now doing its healing work in me. Soothing, comforting, strengthening—nothing is impossible to this marvelous force. It permeates every cell; it perfects that which is imperfect; it revitalizes my whole body.

God's love in me keeps me young. The bodily processes as well as the tissues, the bones, the various organs stay young and vitally alive. I keep young in mind and soul, too—eager and questing, ever seeking to know more about God and His world.

God's love in me makes me beautiful. As my body is perfected in every way, it becomes beautiful, as God meant it to be. His love shines in radiance through my smile, through the light in my eyes, and it sounds through the tones of my voice.

Divine love also gives me knowledge as to how to care for my body so that it may stay young and strong.

✱ *Your body is a temple of the Holy Spirit.*—I COR. 6:19.

JANUARY 25

Friday

I TRUST GOD TO ADJUST AND HARMONIZE MY
LIFE AND AFFAIRS.

GOD is the only presence and power in my life. Nothing is impossible with Him; through His power all things are blessed and harmonized. Whenever I lift my attention from negative appearances and think about the ever-present goodness of God, ideas flow into my consciousness that guide me out of my dilemma into freedom.

If there is seeming illness in my body, the indwelling Spirit of God can completely heal me. If there is hesitation on my part concerning some decision, the wisdom of God within me can completely illumine the situation and clearly show me the way. If there is a problem of human relations, the Spirit of God can adjust the situation for the good of everyone concerned. My part is to trust God's Spirit within me.

God is a harmonizing, adjusting power. Whenever we surrender any situation to Him, all things are made right for us, and we are blessed and guided into paths of peace, freedom, health, and happiness.

• *All things work together for good.*—ROM. 8:28.

I WALK AND TALK WITH THEE TODAY.

IF GOD seems unapproachable and far away from you, try talking things over with Him as if He were a parent or a dear friend. It helps us to turn to Him in our midst and say: "God, here is my problem. I know that You know the way to handle it. Show me what to do and how to do it."

Charles Fillmore often said that we should not talk so much about God, but rather we should talk to God, that instead of making so many affirmations about Him, such as "God is my life," we should speak directly to Him and say, "Thou art my life."

If you have some need, if you are trying to reach a decision about something, talk to God about it. Tell Him your needs, tell Him your problems. He is with you, your unfailing help, your guide, your source of supply.

You can come into such a feeling of closeness with God that He will be to you as He was to Jesus—a loving Father.

*How precious also are thy thoughts unto me, O God!
How great is the sum of them!*

—PSALMS 139:17.

JANUARY 27

Sunday

I ASK IN THE NAME OF JESUS CHRIST FOR MY INHERITANCE OF HEALTH, FREEDOM, WEALTH, AND JOY, AND I RECEIVE RICHLY AND ABUNDANTLY.

“**A**SK, AND IT shall be given unto you; seek, and ye shall find; knock, and it shall be opened unto you. For every one that asketh receiveth; and he that seeketh findeth; and to him that knocketh it shall be opened.”

“Verily, verily, I say unto you, he that believeth on me, the works that I do shall he do also; and greater *works* than these shall he do . . . And whatsoever ye shall ask in my name, that will I do, that the Father may be glorified in the Son. If ye shall ask anything in my name, that will I do.”

“And ye shall know the truth, and the truth shall make you free.” “Fear not, little flock; for it is your Father’s good pleasure to give you the kingdom.”

“Hitherto have ye asked nothing in my name: ask, and ye shall receive, that your joy may be made full.”

✿ *Thy faith hath made thee whole; go in peace.*—LUKE 8:48.

Monday

JANUARY 28

I OPEN MY MIND AND HEART TO THE BLESSING OF GOD'S LOVE.

IF YOU feel that some person—or life itself—has mistreated you or deprived you, do not allow yourself to continue in this feeling. Open your mind and heart to God's love and accept the peace and assurance that will come.

Even when a feeling of resentment seems to be justified, you cannot afford to indulge in it, for resentment blocks the way to the joy your heart is seeking.

Rather, take the way of prayer in order to free yourself from feelings of bitterness and resentment. Do not strain for justice. Do not strike out in retaliation, but turn in quietness to Spirit within. Prayer will lift your heart and enable you to see with the vision of love. Prayer will quicken in you the realization that no person or situation can keep you from experiencing joy and happiness as God's own child.

When you open your mind and heart to the blessing of God's love you see that God's justice and unfailing principle of good make right what seems to be wrong.

♣ *Thou wilt keep him in perfect peace.—ISA. 26:3.*

JANUARY 29

Tuesday

I PRAISE AND BLESS THE GOOD IN MYSELF, IN MY FAMILY, IN MY CO-WORKERS, AND IN MY FRIENDS.

HAVE you ever watched the magical effect of praise upon a person? If you have, you have seen his countenance brighten and a joyous light of gratitude and appreciation come into his eyes.

Jesus was a master in the art of praise. He never neglected to praise God and to bestow upon Him credit for every miracle that He performed. Even though His followers had many faults, just as people do today, He never neglected an opportunity to praise those He ministered to. People loved Him for it then, just as you will be loved if you can see beyond the limitations of the personal man and praise and bless the good in your family, in your co-workers, and in your friends.

Let words of praise for God and man be in your heart. Let words of praise be on your lips, and increasing joy shall be yours.

*Because thy lovingkindness is better than life,
My lips shall praise thee.
So will I bless thee.*

—PSALMS 63:3, 4.

Wednesday

JANUARY 30

I HAVE FAITH IN GOD IN THE MIDST OF ME
TO BLESS ME AND TO FULFILL MY EVERY
NEED.

GOD is in the midst of us. In His presence we find fulfillment of our every need, whether it be on the physical, mental, or spiritual plane. Through prayer we realize our oneness with God; through prayer we come into His presence. Through prayer we are lifted into a consciousness of peace, poise, faith, and power. Through prayer we are illumined and blessed with understanding.

We do not need to entreat God to fulfill the desires of our heart or to change some situation in our life. We need only to open ourself to His Spirit, to give thanks that already the perfect fulfillment of our needs is at hand. Prayer does not change God, it changes us. Prayer makes us receptive to His blessings and to His good. Prayer lifts us out of belief in negation and unhappiness; prayer opens our mind to new ideas, enlarges our capacity for giving and serving, and guides our steps into pleasant pathways.

✱ *And all things, whatsoever ye shall ask in prayer, believing, ye shall receive.*—MATT. 21:22.

CHRIST SETS ME FREE FROM THE BURDEN OF
PAST MISTAKES.

THE LIVING Spirit of Christ is present in me now. I am free in Him. I am not bound by mental unrest because of past mistakes. I behold only the glorious present with Christ. All opportunities are open to me now. All good is available to me now.

I forgive myself as the Father forgives me. I leave the past behind me and live only in the present. I turn my attention completely away from yesterday's failures and fix it upon today's opportunities.

I give my praise and my heart to the living God, whose good is available to me right now. I rejoice that I can do all things through Christ within me.

Christ sets me free from the burden of past mistakes and from fear of future events, I know that the power of Christ is with me now and always.

I live in the present and enjoy God's blessings now.

♣ *If therefore the Son shall make you free, ye shall be free indeed.*—JOHN 8:36.

Magazines Will Be Wrapped Again

YOU, our readers, will be glad to know that Unity periodicals will again be mailed in wrappers. We have ordered two large wrapping machines, which should be delivered and in operation in the spring of 1952.

Most publishers have made substantial increases in their subscription prices. But because we desire to keep the printed word of Truth within the reach and means of the many, we have tried to avoid increasing subscription prices.

We have searched for ways to reduce production costs and thus avoid increasing the price or lowering the standard of the magazines. To eliminate the wrappers seemed to be one way.

But because a large number of you have reported that your periodicals were soiled or damaged in transit, we are going to wrap your magazines again.

We know that you do appreciate receiving attractive and clean magazines, and we know that the Lord will help us give them to you, as He has helped us in every way through the years. We ask your prayers in this undertaking, which will entail an increase in production costs.

This Month IN UNITY



Heart-Warming Letter

Here is a letter we should like to share with you. It comes from a Truth student of long standing:

"Several months ago, I ordered a year's subscription for *Weekly Unity* sent anonymously to a home in this community. The husband and wife were very much disliked here, as they were non-co-operative and unkind. They could never keep their tenant-farmers and were always saying things to hurt people's feelings. I felt that they needed Unity if anyone ever did; hence my gift to them.

"I noticed awhile back that they were attending social gatherings, especially church affairs, and Mrs. M—— was serving on committees where before she had refused. Their tenant-farmer had stayed on month after month—so different! Then today at the grocery the proprietor remarked how much good Mrs. M—— had done—phoning in orders for her neigh-



bors who had no phones. I was surprised, yet I think I know the reason. That little magazine must have done the work!"

What Is a Unity Center?

A Unity center is a meeting place in any locality where the Unity teachings are presented by an authorized leader or teacher. While it is an independent organization, it works in close co-operation with Unity School and has as its head one who is well trained in the Truth principles and who provides a teaching and ministry of the same Christ standard as that of Unity School.



Is there a Unity center near you? If there is, you will want to avail yourself of the classes and services offered. Unity has a definite teaching to be learned and applied. Attending classes in spiritual instruction and healing will be of inestimable value to you in applying the Truth that is taught in the Unity literature. Also you will find your leader and local staff of consecrated workers glad to consult with you and pray with you that the overcoming Spirit of Jesus Christ may bless you, too.

The addresses of the Unity centers are listed in

the telephone directory. Look under the name of "Unity" in the regular indexed section or under "churches" in the "yellow pages" or classified section.

A list of the official Unity centers is given in *Unity* magazine; or for information regarding the location of your nearest Unity center write to the Field Department, Unity School of Christianity, Lee's Summit, Missouri.



Letter from France

Recently Unity headquarters received a letter from a Frenchwoman who is doing a great work for the children of her country. She publishes a character-building magazine for children called the "Sunbeam," which is the only magazine of its kind in France, and wrote to thank us for authorization to use in her magazine some stories and pictures that have appeared in *Wee Wisdom*, Unity's magazine for 5-to-13-year-olds. Her aim, she explains, is to give the children of France literature that is both entertaining and good for them; and she feels that the stories from *Wee Wisdom* help her carry out this intention.

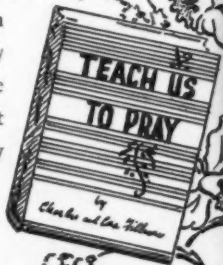
This letter proves what a universal appeal *Wee Wisdom* has. A year's subscription is only \$2.

What Unity Believes About Lent

Unity believes that Lent should be a time not of denying oneself purely material things, but of denying on a spiritual plane the reality of evil in the world. During Lent, followers of Unity fast from tendencies toward negative thoughts and actions. They do not fix their minds sorrowfully upon the crucified Christ; instead, they look with joy to the radiant, arisen Christ.

Would you like to join with thousands of other people all over the world in observing Lent the Unity way? To help you do so the Unity Lenten program has been planned. It is based on the book *Teach Us to Pray* by Charles and Cora Fillmore. Throughout the forty-day period of Lent (February 27 to Easter Sunday) you follow the assignments that are given in the booklet "The Unity Lenten Program," sent free with each copy of *Teach Us to Pray* priced at \$1. If you already have the book, the booklet will be sent free on request. Order yours today and be prepared to observe Lent.

UNITY SCHOOL
OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI



Thrilling New Book

You will find a real thrill in reading Dana Gatlin's new book called *Prayer Changes Things*. Her ringing message summons all who are weary or depressed to a new, radiant life through prayer.

Dana Gatlin was a supremely gifted writer who used her talent to aid her fellow men. She had seen the transforming power of prayer work wonders in her own life, and in *Prayer Changes Things* she tells how you can use that power to attain all that you have longed for.

Prayer Changes Things consists of articles reprinted from Unity magazines where they were warmly received.

Here are just a few chapter titles to show what a stimulating book this is: "Why Do I Pray?" "Windows of Heaven," "As God Sees Us," "Nothing to Fear!"

If you like a book that is at once fascinating and inspiring, you will like Dana Gatlin's *Prayer Changes Things*. The price is only \$1.

Unity School of Christianity

LEE'S SUMMIT, MISSOURI



New Freedom for You

Atlas, as legend has it, bore the earth on his shoulders. And though he was achingly weary of his tremendous load, he continued to bear it because he could see no one else to do it.



If you are staggering under a load of worries because you can see no one to take them from you, why not release them to God? You can learn how to do this by using the Prosperity Bank plan. As you follow its daily drill, your worries will disappear and God's blessing will be poured out on you in ever-increasing measure. You can share His blessing with others, too, by using the amount you save in your Prosperity Bank to send *Daily Word* gift subscriptions to your friends.

Unity School of Christianity, Lee's Summit, Missouri

Please send me a Prosperity Bank and ask Silent Unity to pray with me for a successful demonstration. I will use the drill seven weeks and save \$3 for the three **DAILY WORD** subscriptions (one year each) listed below:

1. Name _____
Street _____
City _____ State _____
2. Name _____
Street _____
City _____ State _____
3. Name _____
Street _____
City _____ State _____

SENDER'S NAME _____

Street _____
City _____ State _____

Please indicate postal zone number, if cities are so divided. D-1-32

"Cleaning the Slate"

Have you ever wondered just where this expression originated?

In England, people used to follow the custom of cleaning their chimneys on New Year's Day. This was to bring good luck to the household throughout the coming year. Because chimneys were made of slate, the expression in time became "cleaning the slate" instead of "cleaning the chimney."

If you wish to "clean the slate" and make the New Year better than the one just ended, here is a book that will help you—*Beginning Again* by Frank B. Whitney. The book consists of seven lessons, each of which begins with the Bible verses on which it is based and an appropriate poem.

The author holds that anyone can make a fresh start—if he really desires to do so. In this belief, he dedicates his book to those "who will accept peace, health, and plenty." If you are willing to accept a new abundant life, order your copy of *Beginning Again* today. The price is only \$1 a copy.



UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI



A Road in Winter

JAMES DILLET FREEMAN

White trees in winter, when the woods are
white

With snow and stretch out silent to a rim
Of cloudless sky clear to the edge of sight,
Say God but only make me think of Him
As the pure principle of being, Law.

A road in winter seems almost a flaw

When all else sparkles white, yet somehow it
Makes beauty still more beautiful to me;

For God is absolute and infinite,
The perfect and eternal Truth, yet He

Is also like a road where I may go
Homeward at evening through the fields of
snow.

